



NUTRITION SOLUTIONS

Registered dietitian nutrition care for adults, children, and families | In person in Wilmington & virtual across NC

WHEN TO REFER Conditions We Support

ADULTS

Digestive health & IBS | PMOS | PMS/PMDD |
Perimenopause | Perinatal health | Thyroid
health | Insulin resistance | Autoimmune
conditions | Chronic disease management

PEDIATRICS

Infant feeding | Baby-led weaning | Breastfeeding
| Growth concerns | Failure to thrive | Picky
eating | Food allergies | Constipation | Sports
nutrition | Healthy mealtime routines



INSURANCE ACCEPTED

BCBS | Aetna/Meritain | UHC/UMR | Cigna



HOW TO REFER

1

Send a fax.
Use your own clinical note or our attached
referral form. **Our fax is 910-338-0848.**

2

We reach out.
Our admin team contacts your patient
within 1 business day to schedule your
patient.

3

We keep you updated.
We send notes back to your office to
support coordinated care.

WHY CHOOSE US

- Insurance accepted and transparent cash prices
- Bilingual (English/Spanish) care
- In-person and virtual availability
- 90 minute initial appointments and 60 minute follow up appointments so patients have the time they need
- Appointment availability from 7am - 6:30pm
- Updates provided back to your office
- Improved patient adherence through ongoing accountability and nutrition education
- Group programs for peer-to-peer support

Referring to Family Nutrition Solutions means fewer repeat visits for the same complaints, better patient satisfaction, and stronger outcomes for your practice.

REFER TODAY!

2512 Independence Blvd Suite 100-40, Wilmington NC 28412

www.fns.health

hello@fns.health

Phone: 910-408-5338

Fax: 910-338-0848



Family Nutrition Solutions is in network with: **BCBS,Aetna/Meritain,UHC/UMR,and Cigna.**
We also have cash pay pricing, see website for details: www.fns.health.

Patient details

Name:

DOB:

Phone number:

The above patient is being referred for medical nutrition therapy as a necessary part of medical treatment and prevention for the diagnoses listed. These may be used for insurance billing.

Please place a check or X next to all applicable diagnoses for the patient. You may also list additional diagnoses in the blank spots.

	ICD-10	ICD-10 Description
	E66.3	Overweight
	E66.9	Obesity, unspecified
	E11.9	Type 2 diabetes mellitus without other specified complications
	E78.0	Pure hypercholesterolemia
	I10.0	Primary hypertension
	R73.01	Impaired fasting glucose
	R73.03	Pre-diabetes

Referring providers name:

Signature:

Date:

NPI:

**Please include a copy of the patient's insurance card/information with the referral. Thank you!*

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